



MEDICAL HISTORY AND HEALTH QUESTIONNAIRE

NAME: _____ DATE: _____

DOB: _____ AGE: _____ GENDER: F _____ M _____

ADDRESS: _____

TELEPHONE: (____) _____ FAX: (____) _____

EMAIL: _____

OCCUPATION _____ REFERRED BY: _____

CHIEF COMPLAINT (LIST THE CURRENT SYMPTOMS AND BEGINNING DATE) _____

LIST OF MEDICATIONS _____

FAMILY HISTORY

(Including all blood relatives)

		YES	NO	RELATIONSHIP		YES	NO	RELATIONSHIP
CANCER	YES	NO	_____	STROKE	YES	NO	_____	_____
DIABETES	YES	NO	_____	HEART PROB.	YES	NO	_____	_____
HYPERTENSION	YES	NO	_____	EPILEPSY	YES	NO	_____	_____
DRUG PROB.	YES	NO	_____	ALCOHOL PROB.	YES	NO	_____	_____
MENTAL ILLNESS	YES	NO	_____	DEPRESSION	YES	NO	_____	_____
MIGRAINE HEADACHE	YES	NO	_____	ULCER	YES	NO	_____	_____
THYROID PROB.	YES	NO	_____	OBESITY	YES	NO	_____	_____
KIDNEY PROB.	YES	NO	_____	ASTHMA	YES	NO	_____	_____
OTHER HEALTH PROBLEMS	_____							

MEDICAL HISTORY

LIST ALL SERIOUS ILLNESSES _____

LIST SURGICAL PROCEDURES _____

LIST SERIOUS ACCIDENTS, HARD FALLS, OR BROKEN BONES _____

GENERAL

MEASLES _____	YES	NO	_____	DEPRESSION _____	YES	NO	_____
MUMPS _____	YES	NO	_____	POOR CONCENTRATION _____	YES	NO	_____
CHICKENPOX _____	YES	NO	_____	MEMORY LOSS _____	YES	NO	_____
ALLERGY _____	YES	NO	_____	RAPID LOSS OF WEIGHT _____	YES	NO	_____
TIREDFNESS _____	YES	NO	_____	RAPID INCREASE IN WEIGHT _____	YES	NO	_____
PERSISTENT FEVER _____	YES	NO	_____	SWEATS _____	YES	NO	_____
CHILLS _____	YES	NO	_____	DETERIORATION OF EYE SIGHT _____	YES	NO	_____
DIZZINES _____	YES	NO	_____	EYE PAIN _____	YES	NO	_____
FAINTING _____	YES	NO	_____	DETERIORATION OF HEARING _____	YES	NO	_____
FATIGUE _____	YES	NO	_____	RINING IN THE EARS _____	YES	NO	_____
HEADACHES _____	YES	NO	_____	EARACHE _____	YES	NO	_____
NERVOUSNESS _____	YES	NO	_____	GUM TROUBLE _____	YES	NO	_____
NUMBNESS _____	YES	NO	_____	DENTAL DECAY _____	YES	NO	_____
NEURALGIA _____	YES	NO	_____	CHANGE IN HAIR _____	YES	NO	_____
SLEEPLESSNESS _____	YES	NO	_____	CHANGE IN NAILS _____	YES	NO	_____

GASTRO-INTESTINAL

BELCHING OR GAS _____	YES	NO
COLITIS _____	YES	NO
ULCER _____	YES	NO
HEMORRHOIDS _____	YES	NO
CONSTIPATION _____	YES	NO
RECTAL BLEEDING _____	YES	NO
DIARRHEA _____	YES	NO
HEARTBURN _____	YES	NO
EXCESSIVE HUNGER _____	YES	NO
INCREASE IN THIRST _____	YES	NO
GALL BLADDER STONES _____	YES	NO
LIVER PROBLEM _____	YES	NO
HEPATITIS _____	YES	NO
INFECTIOUS MONO _____	YES	NO
NAUSEA _____	YES	NO
INTESTINAL WORMS _____	YES	NO
STOMACH PAIN _____	YES	NO
POOR APPETITE _____	YES	NO
VOMITING _____	YES	NO

RESPIRATORY

FREQUENT COLDS _____	YES	NO
SORE THROAT _____	YES	NO
SINUS INFECTION _____	YES	NO
FREQUENT COLDS IN CHILDHOOD _____	YES	NO
CHRONIC COUGH _____	YES	NO
DIFFICULTY BREATHING _____	YES	NO
BRONCHITIS _____	YES	NO
ASTHMA _____	YES	NO
WHEEZING _____	YES	NO
TUBERCULOSIS _____	YES	NO

CARDIO-VASCULAR

SHORTNESS OF BREATH _____	YES	NO
RAPID BEATING HEART _____	YES	NO
SLOW BEATING HEART _____	YES	NO
MITRAL VALVE PROLAPSE _____	YES	NO
SWELLING _____	YES	NO
CLOGGED ARTERIES _____	YES	NO
HIGH BLOOD PRESSURE _____	YES	NO
LOW BLOOD PRESSURE _____	YES	NO
STROKE _____	YES	NO
HEARTATTACK _____	YES	NO

MUSCULO-SKELITOL

BACKACHES _____	YES	NO
STIFF NECK _____	YES	NO
SWOLLEN JOINTS _____	YES	NO
JOINT PAIN _____	YES	NO
JOINT STIFFNESS _____	YES	NO
PAINFUL COCCIX _____	YES	NO
RHEUMATIC FEVER _____	YES	NO
ARTHRITIS _____	YES	NO
MUSCLE SPASMS _____	YES	NO
LEG CRAMPS (WALKING OR NIGHT) _____	YES	NO
HERNIA _____	YES	NO
MUSCLE WEAKNESS _____	YES	NO
POLIO _____	YES	NO

GENITO-URINARY

FREQUENT URINATIONS (DAY) _____	YES	NO
FREQUENT URINATIONS (NIGHT) _____	YES	NO
INABILITY TO CONTROL URINE _____	YES	NO
KIDNEY PROBLEM _____	YES	NO
BLADDER INFECTIONS _____	YES	NO
BLOOD IN URINE _____	YES	NO
PAINFUL URINATION _____	YES	NO
PROSTATE PROBLEM _____	YES	NO
LACK OF SEX DRIVE _____	YES	NO
VENERIAL INFECTION _____	YES	NO

ENDOCRINE

MIGRAINE HEADACHES _____	YES	NO
OVARIAN CYSTS _____	YES	NO
UTERUS FIBROID _____	YES	NO
THYROID GLAND PROBLEM _____	YES	NO
PITUITARY GLAND PROBLEM _____	YES	NO
ADRENAL GLAND PROBLEM _____	YES	NO
PANCREAS PROBLEM _____	YES	NO
HYGHPERGLUSIMIA _____	YES	NO
HYPOGLUSIMIA _____	YES	NO

MEN ONLY

DISCHARGE FROM PENIS _____	YES	NO
PAIN IN TESTICLES _____	YES	NO
LUMP IN TESTICLES _____	YES	NO
IMPOTENCE _____	YES	NO

WOMEN ONLY

AGE MENSTRUAL PERIOD BEGAN _____		
DAY THAT IT LASTS/LASTED _____		
NUMBER OF DAYS IN BETWEEN _____		
HEAVY FLOW _____	YES	NO
BLEED OR SPOT _____	YES	NO
BETWEEN PERIODS _____		
MENSTRUAL PERIOD CRAMPS _____	YES	NO
DIZZINESS WITH MENSTRUAL PERIOD _____	YES	NO
ITCHING IN VEGINAL AREA _____	YES	NO
PAIN WITH INTERCOURSE _____	YES	NO
DATE OF THE LAST PERIOD _____		
DATE OF THE LAST MAMMOGRAM _____		
TYPE OF BIRTH CONTRAL USED _____		
NUMBER OF PREGNANCIES _____		
NUMBER OF FULL TERM BIRTHS _____		

SKIN – INTEGUMENT

DRYNESS _____	YES	NO
ITCHING _____	YES	NO
RASH _____	YES	NO
SENSITIVE SKIN _____	YES	NO
HIVES _____	YES	NO
ECZEMA/PSORIASIS _____	YES	NO
VARICOSE VEINS _____	YES	NO
EASY BRUISING _____	YES	NO

PT/CLIENT SIGNATURE:

X _____

GUARDIAN SIGNATURE:

X _____

DATE; ____/____/____