

Once you have a complete list of all the qualities that you want in a partner – and it doesn't matter if you end up with a list of 200 qualities, just write them down! – It's time to prioritize them and create a "top ten" list.

Instructions: Create a table with the top 10 qualities and traits listed in the left column and a definition for each of those qualities in the right column.

Sample List of the top ten traits one man wants in his soul mate:

| | QUALITY/TRAIT | DEFINITION |
|-----|----------------------|---|
| 1. | Beautiful | Tall, slim, long hair, strong dark eyes, big smile. |
| 2. | Intelligent | College degree, free thinker, open-minded, well-read. |
| 3. | Funny | Good sense of humor, doesn't take herself too seriously. |
| 4. | Deep | Questions life and enjoys thinking; introspective. |
| 5. | Emotional | Demonstrative, feels deeply, lives from her heart. |
| 6. | Sensitive | Affected by her environment, able to feel deeply. |
| 7. | Passionate | Strong stirring emotions and feelings about life and what it has to offer. |
| 8. | Physical | Enjoys physical activity, exercises, likes doing things outdoors, takes care of her body. |
| 9. | Forgiving | Compassionate, doesn't hold grudges, lets go of the past. |
| 10. | Expressive | Outwardly expresses her emotions. |

Test your order of importance with the following questions: "If I had to choose between number 1 and 2 listed as priority which one will I choose as more valuable for me?" fill in accordingly with the top choice first. If I had to choose between number 2 and 3 listed as priority which one will I choose as more valuable for me?"... fill in accordingly with the top choice first.

Example: if you listed "attractive" as the number-one trait you want in a man/woman the second, you listed "intelligent", then ask yourself, "If I had to choose between a attractive man/woman or an intelligent man/woman, which one would I choose?" If you say attractive, then that is your top priority.

Next, compare quality 2 ("Intelligent") with quality 3 ("Funny") and follow the same process: "If I had to choose between an intelligent man/woman or a funny, which one would I choose?" If your answer is a "funny man/woman" then place "Funny" at number 2 and drop Intelligent to number 3. Do this all the way through your top ten list.

| | QUALITY / TRAIT: | DEFINITION: |
|----|-------------------------|---|
| 1. | _____ | _____ _____ _____ _____ _____ |
| 2. | _____ | _____ _____ _____ _____ _____ |
| 3. | _____ | _____ _____ |

4.

5.

6.

7.

8.

9.

10. _____

Important point: We can only begin to get what we want when we know what we want.

Now that you have your top ten list of what you want in a partner, read it daily and memorize it. By focusing on the man or woman you want each day, you can easily attract him or her into your life.