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REVIEW OF HOPES, DREAMS AND THOUGHTS

Name: _____ DOB: ____/____/____ Date: ____/____/____

1. Do you have a *goal* in life? Yes No
2. What is your *goal* in life? _____

3. Do you have *hope*? Yes No
4. What do you *hope* for? _____

5. Do you "day dream"? Yes No
6. What do you "day dream" about, is it positive or negative?

7. Do you consider that you have "life" or "existence" and what makes it so? _____

8. What makes you *happy*? _____

9. What makes you *unhappy*? _____

