



ADVANCED HEALTH SERVICES, LLC

Email: advancedhealth14@gmail.com

Website: www.OurAdvancedHealthServices.com

Phone: 561-596-7581 FAX: 561-355-5155



NAME: _____ DATE: _____

Creating Your Intentions / GOALS – Worksheet

1. Personal Development: _____

2. Health: _____

3. Relationships: _____

4. Career: _____



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NAME: _____ DATE: _____

5. Financial & Wealth: _____

6. Sports & Hobbies: _____

7. Community & Charity: _____

Additional: _____
