



ADVANCED HEALTH SERVICES, LLC

Email: advancedhealth14@gmail.com
Website: www.OurAdvancedHealthServices.com
Phone: 561-596-7581 FAX: 561-355-5155



**INTEGRA BIOLOGICAL TERRAIN TESTING
FOR
DEFICIENCY OF MAJOR NUTRIENTS**

PROTEIN DEFICIENCY

Put an **X** where it applies.

Symptoms of deficiency:	YES	NO	To some extent
Back weakness	_____	_____	_____
Constipation	_____	_____	_____
Insomnia	_____	_____	_____
Parasites	_____	_____	_____
Gingivitis	_____	_____	_____
Dry skin rashes	_____	_____	_____
Acidity	_____	_____	_____
Calcium deficiency	_____	_____	_____
Microbial invasions	_____	_____	_____
Fungal forms	_____	_____	_____
Hypertension	_____	_____	_____
Hearing loss	_____	_____	_____
Gum disorders	_____	_____	_____
Tooth decay	_____	_____	_____
Dry extremities	_____	_____	_____
Alkaline blood	_____	_____	_____
Hypoglycemia	_____	_____	_____
Mood swings	_____	_____	_____
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LIPASE DEFICIENCY

Put an **X** where it applies.

Symptoms of deficiency:	YES	NO	To some extent
Aching feet	_____	_____	_____
Bladder problems	_____	_____	_____
Acne	_____	_____	_____
Hay fever	_____	_____	_____
Prostate problems	_____	_____	_____
Diarrhea	_____	_____	_____
High cholesterol	_____	_____	_____
High triglycerides	_____	_____	_____
Poor excretion	_____	_____	_____
Dry extremities	_____	_____	_____
Arthritis	_____	_____	_____
Cystitis	_____	_____	_____
Gall stones	_____	_____	_____
Dry psoriasis	_____	_____	_____
Constipation	_____	_____	_____
Heart problems	_____	_____	_____
Diabetes	_____	_____	_____
Menniere's Syndrome	_____	_____	_____
General toxemia	_____	_____	_____



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AMALYASE DEFICIENCY

Put an **X** where it applies.

Symptoms of deficiency:	YES	NO	To some extent
Wet skin rashes	_____	_____	_____
Depression	_____	_____	_____
Allergic reactions	_____	_____	_____
Hot flashes	_____	_____	_____
Cold extremities	_____	_____	_____
Neck / shoulder pain	_____	_____	_____
Inflammation	_____	_____	_____
Abscesses with pus	_____	_____	_____
Hypoglycemia	_____	_____	_____
Mood swings	_____	_____	_____
PMS	_____	_____	_____
Fatigue	_____	_____	_____
Damp feet	_____	_____	_____
Celiac sprue/Gluten Intolerance	_____	_____	_____
Flatulence	_____	_____	_____
Hives	_____	_____	_____
Asthma	_____	_____	_____
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SUCRASE / MALTASE / LACTASE DEFICIENCY

Put an X where it applies.

Symptoms of deficiency:	YES	NO	To some extent
Hypoglycemia	_____	_____	_____
Gluten intolerance	_____	_____	_____
Allergies	_____	_____	_____
Diarrhea	_____	_____	_____
Colic	_____	_____	_____
Malabsorption	_____	_____	_____
Crohn's Disease	_____	_____	_____
Moodiness	_____	_____	_____
ADHD	_____	_____	_____
Anxiety	_____	_____	_____
Depression	_____	_____	_____
Schizophrenia	_____	_____	_____
Bi-polarity	_____	_____	_____
Asthma	_____	_____	_____
Wet eczema	_____	_____	_____
Damp feet	_____	_____	_____
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VITAMIN & MINERAL DEFICIENCIES

Put an **X** where it applies.

Symptoms of deficiency:	YES	NO	To some extent
Cold hands Magnesium	_____	_____	_____
White spots on nails Zink	_____	_____	_____
Soft or brittle nails Magnesium	_____	_____	_____
Bleeding gums Vitamin C	_____	_____	_____
Thyroid swelling Iodine	_____	_____	_____
High blood pressure Magnesium & CoQ10	_____	_____	_____
“Chicken” skin on upper arms Essential fatty acids	_____	_____	_____
Red scaly skin on face Vitamin B-2 (riboflavin)	_____	_____	_____
Premature gray hair Vitamin B-12	_____	_____	_____
Dermatitis around nose Vitamin B-6	_____	_____	_____
Sugar cravings Chromium	_____	_____	_____
Muscle cramps Magnesium	_____	_____	_____
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Frequent colds Zinc & Vitamin C	_____	_____	_____
Dry eyes Vitamin A	_____	_____	_____
Night blindness Zinc & Vitamin A	_____	_____	_____
Shaking hands Magnesium & Vitamin B1	_____	_____	_____
Carpal tunnel syndrome Vitamin B-6	_____	_____	_____
Reduced smell and taste Zinc	_____	_____	_____
Hair loss Biotin, Zinc & essential fatty acids	_____	_____	_____

Office use only:

ESSENTIAL FINDINGS

Demineralization	Severe	Moderate	Mild
Vitamin Deficiency	Severe	Moderate	Mild
Protein Deficiency	Severe	Moderate	Mild
Fatty Acid Deficiency	Severe	Moderate	Mild
Carbohydrate Deficiency	Severe	Moderate	Mild
HCL Secretion	Normal	Insufficient	Low